Psychosocial guidelines

A number of evidence-based guidelines and guides have been developed to assist health services and health professionals in identifying and managing the psychosocial needs of people with cancer.

Clinical practice guidelines

These world-first guidelines are designed for GPs, cancer specialists, nurses, social workers, psychologists, psychiatrists, physiotherapists and occupational therapists and provide an evidence-based guide to the detection and management of psychosocial issues for patients diagnosed with cancer.

- **Recommendations for the identification and management of fear of cancer recurrence in adult cancer survivors**
  **Publication date:** 2014
  This guideline includes statements and recommendations based on available evidence about the identification of fear of cancer recurrence, and support for adult cancer survivors experiencing it. The guideline provides health professionals with information designed to assist in making management recommendations and providing care for improved patient outcomes. This guideline has been developed for use by all health professionals involved in cancer care, and all members of a patient’s healthcare team.

- **Clinical guidance for responding to suffering in adults with cancer**
  **Publication date:** 2014
  This document includes practice points and other clinical guidance based on the available evidence about the conceptualisation and assessment of suffering in the cancer context, and therapies or interventions that may help alleviate suffering. The document provides healthcare professionals with information designed to guide the provision of psychosocial clinical care relating to the domain of suffering for improved patient outcomes and support for families and carers.

Consumer resource

- **Cancer: how are you travelling?**
  **Publication date:** 2010
  This resource provides information about the emotional and social impact of cancer. It has been written for people diagnosed with cancer, their family and friends.

**Source URL (modified on 04/07/2017 - 3:23pm):** https://canceraustralia.gov.au/clinical-best-practice/psychosocial-care/psychosocial-guidelines